



# Danae Doptoglou

*Yourself Reengineered*

## Profile overview

Psychologist - Psychotherapist | Coaching & Consulting |  
Career Transition & HR Strategy

I integrate psychology with human resources to create meaningful change in both personal and professional contexts. As a psychologist and psychotherapist, I provide individual, group, couples, and family therapy, fostering self-awareness, emotional resilience, and authentic connections. At the same time, my expertise in coaching, career transitions, and HR strategy allows me to support professionals in navigating change, unlocking potential, and aligning their careers with their values. With a strong background in talent assessment and recruitment, I bridge the gap between people's strengths and organizational success. My passion lies in creating transformative spaces where individuals and teams can grow, thrive, and achieve lasting impact.

## Purpose

Highly committed to success and focused on delivering value to people. Now looking for a new and challenging role, one which will make the best use of my existing skills and experience and promote my professional development and career ambitions.

## Skills

People  
Management



Growth  
Mindset



Instill  
Purpose



Leadership



Strategic  
Perspective



Innovative &  
Agile Mindset



## Experience

2023 - Present, Private Practice

**Licensed Psychologist / Psychotherapist**

As a Licensed Psychologist/Psychotherapist at a private practice in Athens (Physical presence and Skype/teams), I specialized in psychodynamic psychotherapy, career counseling, and individual/group therapy. I facilitated sessions to support clients in navigating mental health challenges, career transitions, and trauma processing. Additionally, I provided couple therapy to enhance communication and strengthen relationships, ultimately promoting overall well-being.

2019 - 2025 Stanton Chase Athens

**Financial, Professional Services & Technology Director**

Responsible for Recruiting and Assessing prospective candidates to ensure qualification match, cultural fit, and compatibility with job openings and clients' needs. Conducting confidential CBI interviews, CV screenings - storytelling, and implementing coaching & mentoring practices. Leading complex and large-scale Leadership Assessment projects, Succession Planning initiatives, and Performance appraisal frameworks. Leveraging relationship management networking and business development activities.

2018 - 2019 PwC, Athens

**People Advisory Services, Manager**

Responsible for Participating in projects that cover all aspects of the HR management-consulting spectrum, in collaboration with other teams: Organizational Transformation & Change, Development - Training & Coaching, Performance, Reward, and Surveys. Designing, planning, and implementing open training programs with digital themes and tools based on the client's needs. Delivering training courses to attain learning objectives, mainly in the areas of management, leadership and strategy, and customer & sales effectiveness. Engaging with clients to help implement change projects and increase people's effectiveness through skills development. Supporting PwC Digital Academy with new knowledge, industry trends, and focused customer-training needs. Solution Architecture, customer advisory, Sales support, and deal closing

2017 - 2018 Eurolife, Athens

**Product Owner, Digital Growth**

Responsible for the development of the first innovative digital asset of Eurolife's Business as part of its digital transformation: The online Sales Portal that supports a huge network of brokers for all offered insurance products (motor, health, property, life). The portal introduces innovative UX design and offers superior customer experience.

2008 - 2016 Eurobank (inc ex Merge Banks), Athens

**Marketing Manager Retail Card Products & Loyalty**

**Senior Business & Product Development Manager**

**Senior Group Product Manager**

2008 - 2016 Proton Bank, Athens

**Product Marketing Manager, Retail Products**

2004 - 2008 Attica Group, Athens

**Customer Experience Manager**

## Education

2018-2023	<b>Licentiate degree, Psychoanalysis and Psychotherapy</b> ELEKIN - Hellenic Institute of Analytic Group & Family Psychotherapy
2016-2020	<b>BSc. Psychological Science and Techniques</b> Università degli Studi Guglielmo- Rome Italy
2016-2018	<b>Counseling Psychology and Coaching, Counseling Psychology</b> University of the Aegean - Athens
1999-2002	<b>MBA - Master in Business Administration</b> University of Piraeus - Piraeus, Greece
1994-1999	<b>BSc. in Economic Maritime Studies, Shipping</b> University of Piraeus - Piraeus, Greece

## Certifications

- ✓ Assessment Certification, Hogan Assessment (2020)
- ✓ Certified Trainer of Adult Education- University of the Aegean (2019)
- ✓ ManageMentor- Harvard Business Publications (2019)